

Keep Empowering

Yourselves for...

SUCCESS

KEYS Peer Mentoring Program

Participants must complete one of the communications skills groups to participate in the KEYS Program

Contact us to find out more information

**All required safety protocols required at time of class will be followed*



ABOUT THE PROGRAM...

A group peer mentoring program for teens and young adults who have previously attended a communication, social, soft skills, or employment class; employment experience; or individual training with Balance MI-Skills. Participants will review and practice key skills with peers while engaging in social activities with peer mentors and professional coaches. Sessions are structured for generalization of learned communication skills and coaching in a natural setting while engaging in a community activity.

Areas of focus:

- Conversational skills and non-verbal communication
- Navigating different types of relationships
- Being flexible and problem solving
- Maintaining a positive attitude
- Handling anxiety
- Teamwork and compromise

*Activities may include:

- Holiday celebrations
- Board games and card games
- Outdoor/Indoor games (Corn Hole, Kan-Jam, Ladder Ball, etc.)
- Community recreation (Launch, Potter Park, Fun Tyme, Playing Picasso, bowling, others)

**Activities scheduled based on interests of the group and availability of venues*

For more information, contact:

Stacie Rulison, MS, M.Ed., BCBA, LBA (989.640.3992) ~ Lisa Espinoza, M.Ed., Behavior Therapist (517.819.0146)

Johnny Wenzel, MA, Behavior Therapist (517.930.3040)

or your Michigan Rehabilitation Services (MRS) counselor

E:mail: contact@balancemi-skills.com ~ Website: balancemi-skills.com

A minimum of 6 participants per session is required to hold classes.