



# Live • Work • Grow

Contact us to see what classes are being scheduled

*Classes may be adjusted to distance or partial distance learning as needed*

*All safety protocols required at time of class will be followed including safe distancing, wearing of masks, and hand sanitizing*



## Enhanced Communication: Soft & Social Skills for Employment

Evidence-based curriculum in teaching higher level social-relational related to employment to individuals with autism, intellectual and developmental disabilities, and other interpersonal challenges

*Balance MI-Skills Communication, Social & Relationship Foundations Skills Class is required as a prerequisite unless prior arrangements made*

**Covering higher level communication, soft, and social skills needed for employment**

- Having appropriate work and personal conversations
- Non-verbal and workplace communication
- Small talk and topic shifts
- Flexibility in the workplace
- Dating and work relationships
- Compromise, making mistakes, and problem solving
- Bullying, embarrassing situations, and conflict resolution
- Planning, organizing, and time management
- Self-monitoring and self-management
- Teamwork and interacting with co-workers
- Professionalism and attitude
- Self-advocacy integrated throughout all sessions
- Strategies to reduce anxiety
- And more...

Facilitated by clinicians certified in the UCLA PEERS Curriculum and extensive experience in delivering social communications skills interventions in groups, at schools, and individually

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