



Communication Basics

Contact us to find out about upcoming training opportunities
Standard classes meet for 6 weeks; 2 times per week; 1-1/2 hour sessions



A social skills group supporting key communication skills and tailored to the needs of the individual

Evidence-based curriculum in teaching communication and social skills to individuals with autism, intellectual and developmental disabilities, and other complex needs

Program customizations and supports for interpersonal and work-based communications:

- Individualization of program targeting needs of each participant
- Maintain 2 to 1 ratio of instructors to participants
- Reduced class size and session length with more in frequency of sessions promoting learning, maintenance, and generalization of skills
- Repetition and practice of key skills to gain mastery and promote fluency
- Class covers:
 - Rules of conversation (customized and scaled to participant ability)
 - Having two-way conversations; entering and exiting conversations; verbal-nonverbal communication
 - Self-monitoring and self-advocacy to promote independent thinking and communication

Facilitated by clinicians certified in the UCLA PEERS® Curriculum and extensive experience in delivering employment training and communication skills interventions in groups, in schools, and individually for individuals with more complex needs

Stacie Rulison, MS, M.Ed, BCBA, LBA (989.640.3992) ~ Lisa Espinoza, M.Ed, Behavior Therapist (517.819.0146)

Johnny Wenzel, MA, Behavior Therapist

contact@balancemi-skills.com Website: balancemi-skills.com