

Keep Empowering

Yourselves for...

SUCCESS

KEYS Peer Mentoring Program

Participants must complete one of the communications skills groups to participate in the KEYS Program
Contact us to find out more information

**All required safety protocols required at time of class will be followed*



ABOUT THE PROGRAM...

A group peer mentoring program for teens and young adults who have previously attended a communication, social, or soft skills class or individual training with Balance MI-Skills. Participants will review and practice key skills while engaging in social activities with peer mentors and professional coaches. Sessions are structured around best practice procedures for teaching communication, social, and soft skills and individualized to meet the needs of participants.

Areas of focus:

- Conversational skills and non-verbal communication
- Navigating different types of relationships
- Being flexible and problem solving
- Maintaining a positive attitude
- Managing anxiety through problem solving
- Teamwork and compromise

*Activities may include:

- Board games and card games
- Basketball/volleyball/badminton
- Bowling and arcade games
- Outdoor/Indoor games (Corn Hole, Kan-Jam, Ladder Ball, etc.)
- And more....

**Activities scheduled based on interests of the group and availability of venues*

For more information, contact:

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Johnny Wenzel, MA, BCBA (517.930.3040)

or your Michigan Rehabilitation Services (MRS) counselor

E:mail: contact@balancemi-skills.com ~ Website: balancemi-skills.com ~ YouTube Video: [Balance MI-Skills Services Overview](#)

A minimum of 6 participants per session is required to hold classes.